

# HELP THEM THRIVE. *Period.*



ACCESSIBLE PERIOD CARE FOR ALL

*Libra* *Period*  
**POSITIVEITY**  
*Program*



# WHY ACCESSIBLE PERIOD CARE MATTERS.

## A SMALL MEASURE FOR A SUPPORTIVE ENVIRONMENT.

Accessible period care in primary and secondary schools is important for many reasons. The inability to access period care products can affect education outcomes. Supporting your students through the provision of free period products will lead to positive outcomes. The Libra Period Positivity Program champions diversity and inclusivity by fostering a sense of safety and belonging for all.

**1 in 5** WOMEN HAVE MISSED A DAY OF WORK OR SCHOOL DUE TO MENSTRUATION.<sup>1</sup>

**68%**

of women in New Zealand and 56% in Australia admit to hiding their period at home, work and school.<sup>2</sup> This can come as a result of the embarrassment and anxiety associated with periods.

**66%**

say access to basic health & hygiene products is essential for wellbeing.<sup>1</sup>

**59%**

of people agree that a girls' confidence is at risk if periods aren't discussed openly.<sup>2</sup>

**66%**

of teenage girls would rather fail a subject than have their peers know they have their period.<sup>2</sup>

# LIBRA PERIOD POSITIVITY PROGRAM.

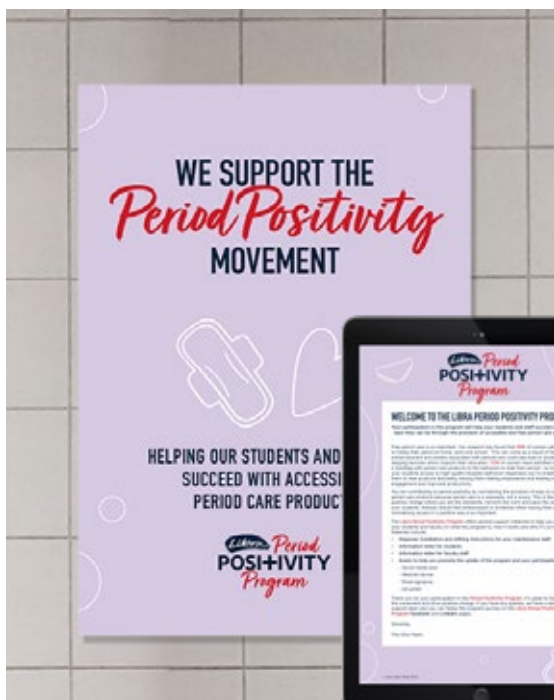
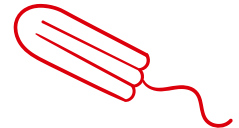


## PERIOD CARE IS A NECESSITY.

Normalising easy access to products can make a difference to a student's wellbeing and education. The program allows you to provide free period care products via a discreet Libra dispenser in your school bathrooms. By doing so, you can help reduce the embarrassment and anxiety associated with periods, reinvent the norm, create a positive and supportive environment and pave the way for your students.



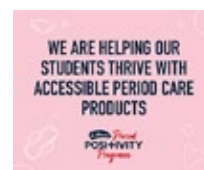
# SUPPORT MATERIALS.



As part of the program you will have access to support materials to help you educate and promote the program to your students, parents, teachers and staff. These include: install and onboarding pack, information letter, letter template, social media tile, website banner and email signature.

Libra also provides free educational School Resource Kits with great resources, samples and lesson plans to help educate students about periods and puberty.

You can order a kit for your school online:  
[lovelibra.com/au/educators/](https://lovelibra.com/au/educators/)



# BENEFITS OF THE PROGRAM.



## 78% OF STUDENTS FIND DISCREET ACCESS TO PERIOD PRODUCTS IMPORTANT.\*



The new stylish and compact Tork Period Care Dispenser has been designed to coordinate with the Tork Elevation washroom range. Offering a convenient solution that reduces wastage and refilling time through individual product dispensing. The Libra Period Positivity Dispensers have gained widespread popularity with a strong uptake in various regions.



## LIBRA IS THE #1 FAVOURITE BRAND.<sup>2</sup>



### Trusted, reliable and safe

For over three decades, Libra has been proudly manufactured in Australia, establishing itself as a dependable supplier and the sole local manufacturer of period care products. Libra's tampons meet the stringent requirements of both Australian and New Zealand standards, with the added benefit of batch date printing on each individual tampon for traceability and quality assurance. Notably, Libra offers a unique Roll Press Go wrapper, providing a discreet and efficient means to seal and dispose of used pads.



*The Period Positivity Program helps remove*  
**THE SHAME AND STIGMA SURROUNDING PERIODS.**

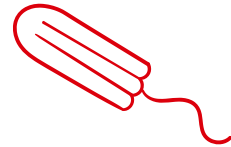


### Remove shame and stigma

Offering free and discreet access to period care products can alleviate the anxiety often associated with hiding products while heading to the bathroom, and provides a convenient solution for disposing of used items. To assist in creating open conversations about periods, utilise the provided communication materials to introduce the program to teachers, staff, students and parents/carers. Additionally, using dispenser stickers with positive messaging can contribute to normalising discussions about periods within the school, promoting a more inclusive and supportive environment.



# PROGRAM SETUP.



## Libra Bathroom Dispenser P1

- Dispenses individual pads and tampon boxes
- 198 serves
- 30 tampon boxes (240 tampons)
- 168 pads
- Lockable dispenser utilising Tork Universal key

## NEW Tork Period Care Dispenser P2

- Dispenses individual pads and tampons
- 200 serves
- Holds approx. 120 individual tampons
- Holds approx. 80 individual pads
- Lockable dispenser utilising Tork Universal key
- Meets tampon regulatory requirements with included information display

## DISPENSER

ARTICLE NUMBER	DISPENSER	SYSTEM	COLOUR	PER PACK	PACKS PER CASE	PER CASE	COUNTRY OF ORIGIN
2340786	Libra Period Positivity Program Dispenser	P1	White	1	1	1	New Zealand
564051	Tork Period Care Dispenser	P2	White	1	1	1	Germany



## Libra Ultrathin Regular & Super Pads with Wings

- Libra Ultrathin Regular Pads with Wings are thin and flexible, offering exceptional comfort and protection
- Unique wings are contoured to prevent leakage
- Utilise BodyFit® technology to fit body shape



## Libra Regular Tampons

- Tampons made with a unique anti-fluff base and a tapered tip for easy insertion and comfort
- 48% less packaging waste with individual tampon dispensing\*
- Meets ANZ tampon regulatory requirements with batch date printing on individual tampons

## REFILLS

ARTICLE NUMBER	REFILL	SYSTEM	COLOUR	PER PACK	PACKS PER CASE	PER CASE	COUNTRY OF ORIGIN
2331959	Libra Tampon Regular 8 box	P1	White	8 tampons	24 packs	192 tampons	Australia
2344281	Libra Tampon Regular Bulk Box	P2	White	270 tampons	7 packs	1,890 tampons	Australia
2309582	Libra Ultrathin Regular Pad with Wings	P1 & P2	White	14 pads	6 packs	84 pads	Australia
2309612	Libra Ultrathin Super Pad with Wings	P1 & P2	White	12 pads	6 packs	72 pads	Australia

\*Compared to Libra Regular Tampon 8 box



# ABOUT *Libra*

Libra is owned by Essity. Essity is a leading personal care and hygiene company that manufactures and sells essential everyday products.

Brands include Libra, Tork, TENA, Tom Organic, Leukoplast and Jobst.

Essity are the only local manufacturer of hygiene products with manufacturing sites in Australia, New Zealand and Fiji, and are a major hygiene supplier to the government and education sectors.

Essity have been manufacturing Libra branded Pads and Tampons in Australia for over 30 years and are focused on supporting and empowering people and providing education about period care.

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**POSITIVITY**  
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#### FIND OUT MORE AUS:

[lovelibra.com/au/periodpositivity](https://lovelibra.com/au/periodpositivity)

Libra Sales & Support Centre  
Free Phone 1800 234 613  
PO Box 1580  
Clayton South, Victoria 3169  
[periodpositivity.anz@essity.com](mailto:periodpositivity.anz@essity.com)

#### FIND OUT MORE NZ:

[lovelibra.com/nz/periodpositivity](https://lovelibra.com/nz/periodpositivity)

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